



Bowmen of Ardleigh
Small Newsletter No. 105
November 2018

Those who've read my previous offerings will know I tend to meander a bit, but first, a positive!

We welcome 13 new members to our Club! Thanks go to the Committee and members who helped to make the latest Archery Introduction course so successful. We're looking forward to settling them all in and we'll still need members' assistance to do this. There won't be another course until the next free "Come and Try Archery" session on Sunday 27th January, 2019. Jagibir, Evie, Steve and Lea, Andrej and Stojan, Lily, Paul and Morgan, Chris, Madhav and Kedhar, and Michela, I'm sure will appreciate any help or advice people can give!

Just some notes to our new people. Archery is a sport where what you get out is directly proportional to what you put in. Shooting once a week will get you to a certain, fairly good, standard that will improve when you put in, perhaps, another evening's practice. Don't set yourselves what is presently a testing target of hitting around the centre all the time, although that's what you want to do. Go for groups because you can move them around with the sight or, if you are shooting barebow or longbow, where you line up with whatever you are aiming at (you can, though, use a very basic "sight", a rubber ring, on a longbow if you wish.)

The trick is to "want" to shoot good arrows all the time without "trying". That's another "Archer's Paradox" other than the one that causes the arrow to bend around the bow. (Lots of slow motion on Youtube!). Don't over-analyse everything. If you are making changes to your style and your bow, concentrate on one thing at a time, otherwise how do you know which has worked, why and how? This all comes with experience and you've only been in Archery for a month so don't rush things.

Don't buy anything you need to actually shoot with yet. If you must buy, something like a finger or armguard, scorepad or a quiver's fine but our Club has quite a bit of equipment you can use before you start parting with your hard-earned. Take your time! You will alter a lot during the next 3 months so something bought now could be wrong by March. If you can't contain yourselves with Christmas around the corner you will find Perris at Rettendon are a good place to go and the last thing they will do is sell you the wrong thing. In fact, they are so laid back they're almost horizontal but if you just "go for a look" your self defence mechanisms against temptation will have to be very good!

The Club bows and arrows we have are fine to begin with but eventually, when you have your own bow at the right length for you and the right length arrows matched to it, your groups will almost certainly improve straight away!

A retailer like Perris can sort all that for you but I recommend you discuss it with experienced members at Ardleigh first about the options available. We have special measuring arrows (marked in inches, mostly) for draw length and that governs the length of the bow you eventually get.

If you have any questions do feel free to ask. No questions will be considered "silly" and most of what we do usually has a logical reason and the safety regulations are generally just common sense.

These are the results of our first Essex Bray 1 League Matches in the October to March Series.

Ardleigh A Team (Division 1)		Racketts	
Archer	Score	Archer	Score
Colin Vaughan	269	Adam Sartain	272
Sean Hunter	266	Bob Riley	269
Paul Campion	260	Stuart Sartain	261
Chris Pollard	259	Kathryn Sartain	244
Ian Knox	247	Graham Radford	237
Totals	1301		1293

A win for Ardleigh by 8 points. We are presently 2nd (of 8) in the Division 1 table.

Ardleigh B Team (Division 2)		Mayflower	
Archer	Score	Archer	Score
Mark Turner	229	Wendie King	265
Dave Clegg	219	John Dibley	243
Michael Bell	203	Andy Gilbert	230
Ken Dell	202	Dave Chase	224
Janine Sittig	198	Matt Prior	214
Totals	1051		1176

A win for Mayflower by 125 points. We are 8th (of 8) in the Division 2 table.

Ardleigh Longbow Team (Division 1)		Oakfield A	
Ken Dell	168	Brent Davies	173
Mark Turner	148	Tony Maher	140
Totals	316		313

A win for Ardleigh by 3 points! We are 4th (of 8) in the Division 1 table.

All the results should be on the Essex Website (ecaa.org.uk) but not as yet!

You'll find the results of the 58th Club Field Championships held on 14th October at the end of this newsletter.



This picture is from an impromptu evening session with a gentleman who couldn't get to our free "Come and Try Archery" session on 21st October!

This was a first time ever for him shooting a bow. He had a quite intensive session and, as you can see, he took to it like a "duck to water". Shooting from a good distance back, all aspects of his style were good and the results are as you can see. We started off, as usual, with barebow and then put a sight on, which was when this happened!

He has been invited to join, whenever his circumstances permit!

Again, for our new members, we have a handicap allowance system so as soon as you can, shoot some rounds. You'll find details of these in your information pack (do please read these, when I remember to give them to you!) When you've completed three rounds, you'll get a handicap rating which will see points added to your score and this will probably be more than the more experienced archers get. Please don't wait until you feel your scores are "good enough", put the first ones in as soon as possible, as this may well be to your advantage! The rounds we shoot are usually the 30 arrow Bray 1, 40cm. face at 20 yards or the 60 arrow Portsmouth, 60cm face, also at 20 yards, and the 60 arrow FITA 18, 40cm. face at 18 metres.

Results of September Spoon Shoot (Outdoor) were, 1st, Colin Vaughan and 2nd Ken Dell.

Results of October 2018 Spoon Shoot (Indoor)

Archer	H/C	Allowance	Score	Total
1 Brian Harris	57	1001	447	1448
2 Ken Dell	64	1060	362	1422
3 Dave Clegg	45	930	472	1402

Results of November 2018 Spoon Shoot (Indoor)

Archer	H/C	Allowance	Score	Total
1 Ken Dell	54	980	456	1436
2 Gary prior	49	950	475	1425
3 Brian Harris	57	1001	421	1422
4 Mark Turner	39	906	514	1420
5 Sophie Pollard	61	1033	369	1402
6 Chris Pollard	31	881	511	1392

We have already arranged for our next free "Come and Try archery" session on Sunday 27th January, 2019 and the course to follow will be on the three Sunday mornings 4th, 11th and 18th February, 2019. Once again, we really do need all your help on those days to make it the success that the most recent one was.

One final thought! As they say on all the best DIY programmes on television "now a note about workshop safety". Your Archery GB Insurance cover applies only to shooting at an Archery GB accredited Archery range. It does not cover you for shooting at any other location.



THE BOWMEN OF ARDLEIGH
58th FIELD CHAMPIONSHIPS
14TH OCTOBER 2018

COMPETITIONS ON STRAIGHT SCORE.

Gentlemen's Recurve Championship

	Archer	Rnd.1	Rnd. 2	Total	
1	Mark Turner	54	83	137	Baldwin Trophy and Gold Medal
2	Alan Mills	78	58	136	Silver Medal
3	Paul Campion	68	62	130	Bronze Medal
4	Ken Dell	53	67	120	
5	Dennis Kenny	36	64	100	(37 hits)
6	Colin Vaughan	51	49	100	(35 hits)
7	Dave Clegg	29	48	77	
8	Gary Prior	23	20	43	

Ladies' Recurve Championship

	Archer	Rnd.1	Rnd. 2	Total	
1	Claire Jones	53	37	90	Monk Shield and Gold Medal
2	Sheron Easter	45	35	80	Silver Medal (23 hits)
3	Jo Rose	38	42	80	Bronze Medal (22 hits)
4	Ann Mills	28	16	44	

Junior Gentlemen's Recurve Championship

	Archer	Rnd.1	Rnd. 2	Total	
1	Ryan Hall	45	52	97	Trophy and Gold Medal

Gentlemen's Longbow Championship

	Archer	Rnd.1	Rnd. 2	Total	
1	Barry Fursedonne	40	39	79	George Weaver Silver Bracer and Gold Medal

COMPETITION ON HANDICAP

The Handicap Allowance is the difference between the highest score for the first round and the scores for those below. This is added to the score for the second round.

	Archer	Rnd. 2	All.		
1	Mark Turner	83	24	107	Wright Shield and Gold Medal
2	Dennis Kenny	64	42	106	Callard Trophy and Silver Medal
3	Dave Clegg	48	49	97	
4	Ken Dell	67	25	92	
5	Ryan Hall	52	33	85	
6	Jo Rose	42	40	82	
7	Barry Fursedonne	39	38	77	
8	Colin Vaughan	49	27	76	
9	Gary Prior	20	55	75	
10	Paul Champion	62	10	72	
11	Sheron Easter	35	33	68	
12	Ann Mills	16	50	66	
13	Claire Jones	37	25	62	
14	Alan Mills	58	0	58	

Shooting was with 2 passes over 7 Big Game Round animal faces set at various distances, both fan and walk-up, with local rules regarding "fur and feather".

The day was overcast with rain for most of the day, sometimes heavy! and the temperature had dropped compared with the previous day but fortunately there was little wind. Presentations were made in the Tudor Barn and congratulations go to all the award winners.

Thanks to Jann Watchman, our Vice-President, for presenting the prizes and organising the entries, trophies and medals and all the members who persevered during a very moist day.